



RISK ASSESSMENT

DEEPIG UNITED FC - CORONAVIRUS / COVID 19 RISK ASSESSMENT

WHAT ARE THE HAZARD <i>(Risk consequences)</i>	WHO MIGHT BE HARMED	Rating Before	CONTROL MEASURES	ADDITIONAL CONTROLS	Rating After	Action by	
						Who	Date
Spread of COVID-19	<ul style="list-style-type: none"> - Players - Coaches - Spectators - Members 	High	<p>PROMPTING GOOD HYGIENE:</p> <ul style="list-style-type: none"> • Do not attend if you feel unwell or if anyone within your household is showing symptoms or isolating due to COVID-19 • Do not attend if in the last 14 days you have been unwell with flu-like symptoms or have been in contact (or suspect you have) with a known suspected case of COVID-19 • Any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known Covid-19 case, must not attend matches or training sessions. • All players to bring own hand sanitizer clearly labelled with name and kept in own designated area. • Regular intervals in coaching for use of hand sanitizer • Club to provide additional hand sanitizer around entry and exits to venue • Provide hygiene standard promotional posters and signage • Disposable paper towels at hand wash stations/facilities • All players to bring own drink clearly labelled with name and kept in own designated area • Spitting, Chewing Gum, Squirting of drinks are all prohibited. Instances will be treated as a break of rules and individuals may be removed from the session/club • Club guidance to members regarding washing, showering, cleaning of clothing and equipment (boots, shin guards) 	<p>Provide guidance to all coaches and members on new protocols and the importance of good hygiene</p> <p>Every coach to provide a copy of the COVID-19 Plan to parents/players before first session of restart and to re-enforce guidance throughout the required period</p>	Low	<ul style="list-style-type: none"> Core Committee Coaches Welfare Officers Parents/Carers Players LTCA Rep 	



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		<ul style="list-style-type: none"> • Club promotes the “catch it, bin it, kill it” approach to hygiene measure <p>KEEP FACILITIES AND EQUIPMENT CLEAN:</p> <ul style="list-style-type: none"> • Identify high contact touch points for regular cleaning e.g. Toilets, Door handles • LPCA to ensure regular cleaning and waste disposal in line with LTCA risk assessment plan • Follow Public Health England guidance if a COVID-19 case is reported to the club • Coaches to clean and disinfect all equipment before and after each session • Players to be provided with their own ball and bib (Bib to take home after each session and wash themselves) or coaches ensure these are washed after each session • Guidance provided to players, parents/carers and coaches regarding cleaning of clothing and equipment e.g. Boots, Shinguards after each session • Sharing of equipment within a session to be minimised • Hand, Face or Head to equipment contact to be minimised the focus should be on kicking the ball. Goalkeepers should be given their own ball and avoid group shooting practices with a goalkeeper involved. • Any food products or snacks to be avoided handing out at sessions e.g. Birthday sweets <p>MAINTAINING SOCIAL DISTANCING AND AVOIDING CONGESTION:</p> <ul style="list-style-type: none"> • Provide signage so people can find their designated entry / exit point and area • Apply two metre markings to the toilet entrance • Single use / limited use toilet facilities • Coaching sessions set up with designated player area for individual items (drinks, clothing, hand sanitizer) 	<p>A responsible person to check / clean toilet facilities between sessions</p> <p>Weekly check of club provided hand sanitizer</p> <p>Ongoing liaison with LTCA and engagement regarding cleaning and waste disposal</p> <p>Conduct dress rehearsal / dry run event (completed 5th July 2020) and staggered return to training for squads</p> <p>Monitor effectiveness, especially at peak times</p>			
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		<ul style="list-style-type: none">• Players will adhere to 2m social distancing during breaks in play• Designated spectator area• Only 1 x parent or carer should accompany the child and remain at the session. Every child must have a responsible adult with them at every session.• Where possible parents/carers should not bring siblings or others to the session.• Parents / Carers will be expected to manage any situations where the child needs closer interaction e.g. Bib wearing, Shoelace tying, injury attention.• Posters to promote good social distancing guidelines• Spectators, parents and carers do not enter field of play unless invited by a coach (for injury treatment)• Coaching sessions to be staggered to avoid congestion at entry and exit points (car park)• Restriction on the number of groups at a session at any one time• Parents/Players/Carers encouraged to follow Govt. guidance on safer travel• At the end of the session players dismissed quickly and effectively to parent/carers• Parents/Carers and players encouraged not to linger around the venue and leave the session promptly• All extended communication with parents/carers and coaches to be conducted electronically• Changing rooms will be closed up to 12th April• Single/limited use of toilet facilities to avoid congestion in confined spaces. <p>ATTENDANCE CONTROL / TRACING:</p> <ul style="list-style-type: none">• Parents/Carers to confirm if they plan for their child to participate in competitive training and matches, additionally asking them that if not, when they change their stance to provide you with advance notification (1 week).• All coaches to retain attendance list and submit it to				
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		<p>club secretary after each session – mailto:welfare@deepingutdfc.com</p> <ul style="list-style-type: none">• Club to retain the details of all Deeping Utd participants and match officials at training sessions and matches for 21 days to support NHS track and trace protocols• At matches, Deeping Utd coaches to check with the opposition coach that they are maintaining an attendance register to support NHS trace and trace protocols <p>PERSONAL PROTECTIVE EQUIPMENT – MEDICAL GLOVES FACE COVERING / FACE MASK:</p> <ul style="list-style-type: none">• PPE will be provided to coaches including (gloves, gowns, facemasks, aprons, and eye protection)• First aid should be handled in accordance with the FA's FIRST AID GUIDANCE FOR RETURNING TO OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL which can be found here <p>MODIFICATIONS IN MATCHES & TRAINING:</p> <ul style="list-style-type: none">• Pre match handshakes should not happen• Team talks/huddles should not take place unless socially distanced and held outdoors, where possible• Warm ups/cool downs should always observe social distancing• At matches ensure you, other team staff and substitutes observe social distancing on touchlines/dug-outs• Social distancing to be observed when substitutions are made• Set plays – free kicks: coaches (and referees) should encourage players to get on with the game and not prolong set play set-up, such as defensive walls• Set plays – corners: should be taken promptly to				
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			<p>limit prolonged close marking and goal posts should be wiped down before matches, after matches and at half time</p> <ul style="list-style-type: none">• Goal celebrations should be avoided• Interactions with referees and match assistants should observe social distancing• Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity.• Ensure social distancing during breaks in play e.g. half-time• Ensure water bottles are not shared• Balls to be disinfected during breaks in play when throw ins or handling has occurred• Avoid shouting when in close proximity to others• If a player is injured, a member of their household should assist unless a life- or limb- threatening injury necessitates compromising guidelines to provide emergency care• Minimise contact in training where possible i.e. minimise tackles/any drills or practices that require close contact. <p>SUDDEN CARDIAC ARREST:</p> <ul style="list-style-type: none">• SCA is a recognised potential medical emergency that can occur in football, further complicated by cardiac involvement recognised as a complication of Covid-19• For details on how to deal with a SCA situation, see FIRST AID GUIDANCE FOR RETURNING TO OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL FOR CLUBS AND COACHES, which can be found here.• An automatic external defibrillator (AED) is located			
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at the Deepings Leisure Centre.


Note: Should this risk assessment not suit the situation, either refer to originator or write additional control measures to satisfy requirement

Risk Assessment:	Coronavirus / COVID 19	
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I have read and understand the requirements of this risk assessment.

Name	Signature	Date

Chairman:	Lee Sutton	Signed:		Date prepared:	21 st July 2020	Review date:	Last update 24 th March 2021 Every 30 days or when new guidance is issued
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Health and Safety Coordinator:	Ian Walker	Signed:		Date prepared:	21 st July 2020	Review date:	Last update 24 th March 2021 Every 30 days or when new guidance is issued
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